

# News



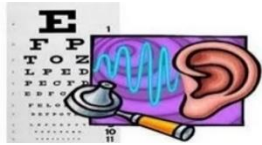
# Nurse

November 2022



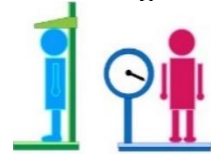
## Screenings

Hearing and vision screenings for grades K-3 will continue and heights and weights will begin soon.



Vision screenings will begin for grades 4 & 5.

Heights and weights will begin for grades 7 & 10.



*Please contact the nurse in your child's school if you do not want them to participate in screenings.*



## Medications



Please be aware that we do not carry or have the authorization to administer cold or cough medicine in school. If your child has a cough or cold (without a fever) and needs medication to alleviate symptoms, it will need

to be given at home before school. Please do not send any medication to school. Students are allowed to bring cough drops for their own use.

## immunizations



Immunization compliance letters have gone out district wide. If your child is missing any immunizations, please address them. Those who have received a letter need to get the requested information to your child's school by December 31, 2022. If you have any questions or concerns, please call your child's nurse.

## SMK Winter Apparel



As the weather gets colder, please make sure your child has a coat to wear outside at recess. If you do not have a coat for your child and need assistance, please contact Nurse Jen or

Mrs. Hill. We have several coats available for those in need.

If you have gently used snow pants or boots, please feel free to donate them to the SMK nurse and we will distribute to students in need.



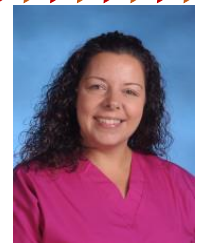
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**IF YOU HAVE ANY QUESTIONS ABOUT COVID PROTOCOLS,  
PLEASE CALL YOUR SCHOOL NURSE.**

# ALLERGIES, COLD, FLU AND COVID-19

## Most common symptoms for each

SYMPTOMS



SYMPTOMS	Allergies	Cold	Flu	COVID-19
Body aches		✓		sometimes
Chills		rarely	✓	sometimes
Dry cough	✓	✓	✓	✓
Fatigue	sometimes	✓	✓	✓
Fever		rarely	✓	✓
Headache	✓	rarely	✓	sometimes
Itchy eyes	✓			
Loss of taste/smell	sometimes	rarely	sometimes	✓
Nasal congestion	✓	✓	✓	rarely
Nausea/vomiting/ diarrhea		sometimes	sometimes	sometimes
Runny nose	✓	✓	✓	rarely
Sneezing	✓	✓	✓	sometimes
Sore throat	sometimes	✓	✓	sometimes
Shortness of breath	sometimes	rarely	✓	✓